

- They are given a minimum of 30% additional time at examinations.
- Students with dyslexia often take their written exams on a computer.
- When assessing their written work, no penalty is given to punctuation and spelling mistakes.
- Exams for general education courses in Bulgarian language, foreign languages and computers skills are conducted under special conditions.



You can also fill in the questionnaire below:

### HOW CAN I CHECK IF I HAVE ANY DEGREE OF DYSLEXIA?

	Yes	No
1. Do you find it very difficult to discriminate between the directions left and right?		
2. Do you get confused when you need to follow a map or you have to find your way to an unknown place?		
3. Do you find it hard to read aloud even if nobody is listening to you?		
4. Does reading a page from a book take you longer than you would like?		
5. Do you find it hard to learn by heart a sentence from a text you have read?		
6. Do you hate reading long books?		

7. Do you find it hard to sound out words sound by sound?		
8. Is your handwriting illegible?		
9. Do you feel too nervous when you have to make a public speech?		
10. Do you find it hard to take messages over the phone and correctly deliver them?		
11. When pronouncing a very long word, do you find it hard to follow the sound sequence?		
12. Is it difficult for you to do calculations in your mind without using help of your fingers or writing down?		
13. Do you mix up the numbers when you are dialing a phone number?		
14. Is it difficult for you to list the months of the year in their sequence quickly?		
15. Is it difficult for you to list the months of the year in their reverse order easily?		
16. Do you mix up dates and time (of appointments); do you miss appointments?		
17. When you write a message or a text, do you make a lot of mistakes?		
18. Do you find it difficult or confusing to perceive the form of objects?		
19. Do you confuse the numbers of buses, e.g. 69 and 96, 95 and 59?		
20. Was it extremely difficult for you to learn the multiplication table when you were a child?		

If you give a positive answer to 10 or more questions, please contact:

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 Room 124, Building 1,  
 School of Undergraduate Education  
 phone 02/ 8110 163, e-mail: e.todorova@nbu.bg

# DYSLEXIA

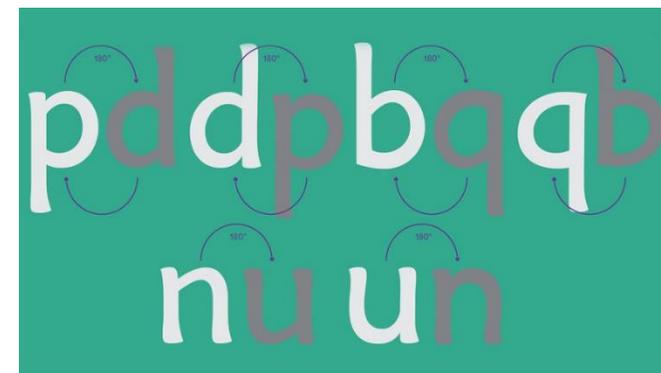


## How do we help students with dyslexia?

Dear students,

NBU cares for your needs and offers you a development environment adapted to your unique abilities. In this respect, special arrangements are provided for students with dyslexia supporting their learning and assessment.

## What is dyslexia?



Some individuals find the acquisition of reading, writing and even mathematical skills extremely challenging. Compared to their peers, they acquire these skills harder and later. As adults, they read more slowly than others, swap the positions

of letters in words, find it difficult to follow the text lines, make spelling mistakes, omit or substitute letters and numbers. They may look careless, absent-minded, disorganized or just slower.

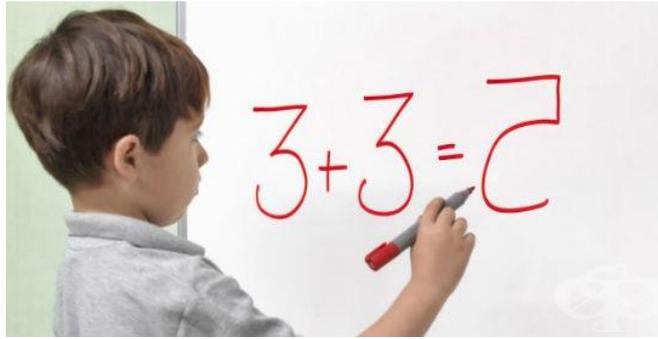


The individuals with dyslexia usually have an average or above average level of intelligence, and have no neurological, psychiatric or emotional problems.

The major reason underlying the difficulties they face is in the different way of processing, organizing, storing and using information. This different processing, combined with good potential, makes the person with dyslexia unique, often considered a genius or a creative thinker.

### How can we find out if we have dyslexia?

The main criterion is the discrepancy between the intellectual abilities and the reading and writing skills. Individuals with dyslexia always express themselves better orally than in a written form.



### Other possible diagnostic signs:

- ATYPICAL MISTAKES IN READING AND SPELLING;
- DIFFICULTIES ORGANIZING A WRITTEN TEXT;
- DISORDERS OF THE VISUAL AND/OR AUDITORY PERCEPTION OF SIGNS;
- DIFFICULTIES PRONOUNCING MULTI-SYLLABLE WORDS;
- DIFFICULTIES USING NUMBERS;
- SPECIFIC CHARACTERISTICS OF THE SHORT-TERM MEMORY;
- DIFFICULTIES ORGANIZING ONE'S TIME AND PLANNING ACTIVITIES;
- DIFFICULTIES IN SPATIAL ORIENTATION (LEFT/RIGHT DISCRIMINATION).

### If you know or suspect that you have dyslexia, please contact one of the following experts:

Assoc. Prof. Ekaterina Todorova, PhD, e.todorova@nbu.bg

Prof. Kristian Bankov, PhD, kbankov@nbu.bg

Assist. Prof. Boyka Bachvarova, bbuchvarova@nbu.bg

Georgi Tsonev, gtsonev@nbu.bg

Sava Kerelezov, skerelezov@nbu.bg



### How do we help students with dyslexia?

- In the process of learning:
  - All university lecturers have made available the following information about their courses on NBU's website:
    - o A short description;
    - o The knowledge and skills that are acquired;
    - o A list of topics;
    - o Learning resources;
    - o Forms of assessment.
  - The lecturers publish materials for the course on the electronic platform Moodle NBU.
  - The lecturers can provide you with hand-outs of the study materials in a larger font size.
  - The lecturers can work with you individually during their office hours.



- In the process of assessment
  - If possible, students with dyslexia take the exams in an oral form, not written.
  - Students with dyslexia are not assigned presentations or reading aloud in front of other students.
  - At written examinations, they receive exam materials in a larger font size.